

**It's About Engagement:  
Required Element Checklist**

The following is a list of required elements that contribute to a high-quality critical reflection. They are separated into the four areas of reflection (i.e., educational value, connectedness insights, integrated problem-solving, and values growth) that compose your final critical reflection for the experience.

**Educational Value**

**Present?**

The reflection...

- |   |     |    |
|---|-----|----|
| 1. describes the value that this experience had on your education at KSU. | Yes | No |
| 2. compares the value of this experience to other experiences at KSU.     | Yes | No |

*Feedback:*

**Connectedness Insights**

The reflection...

- |  |     |    |
|--|-----|----|
| 3. provides examples of how the experience has allowed you to understand the content of your discipline or changed your perspective about the content of your degree program.              | Yes | No |
| 4. provides examples (the same or different than those given in #3) of how the experience allowed you to see the relationship among content from different courses in your degree program. | Yes | No |

*Feedback:*

**Integrated Problem-Solving**

The reflection...

- |   |     |    |
|---|-----|----|
| 5. provides multiple examples of how you applied knowledge learned from your coursework to a challenge or problem you encountered in this experience. | Yes | No |
| 6. highlights how you applied the knowledge identified above to successfully overcome the challenge or solve the problem that was encountered.        | Yes | No |

*Feedback:*


**Values Growth**

The reflection...

- |   |     |    |
|---|-----|----|
| 7. identifies personal or professional core values that you have focused on developing through your experience.                             | Yes | No |
| 8. provides multiple examples that demonstrate how the experience contributed to your growth of the core values that were identified in #7. | Yes | No |
| 9. provides examples of how you have developed self-confidence and self-esteem related to the core values identified in #7.                 | Yes | No |

*Feedback:*

**It's About Engagement:  
Holistic Rubric to Evaluate the Level of Reflection Present**



	<b>Attributes of the Reflection</b>
<b>Critical Reflection</b>	Overall, the reflection utilizes well-aligned examples to describe and analyze the experience as you identify how the experience contributed significantly to your development as a student. In addition, the reflection presents specific ways that you integrated knowledge from current or past coursework within the experience to develop new understanding of your major or it explains how the experience challenged assumptions you held at the start of the experience. The integration of this knowledge as you apply it to successfully solve a problem or overcome a challenge is also present. Lastly, the reflection uses examples from the experience that demonstrate your growth in self-confidence and self-esteem with regards to personal and professional core values.
<b>Analytical Reflection</b>	The reflection describes the experience and your personal reaction to the experience as you identify what value the experience had on your learning of the discipline. The reflection provides a list of topics from your previous or current coursework that you had to recall and apply to the experience but does not reflect how the information was integrated and used in new ways, or using that knowledge challenged any assumptions you held at the start of the experience. In addition, the reflection describes your reaction to a problem or challenge that was encountered in the experience, though it may not clearly identify how prior knowledge from your coursework was utilized to successfully find a solution. Lastly, the reflection highlights the perceived impact that the experience had on your growth relative to your personal and professional core values, your self-esteem, and your self-confidence, but the areas of growth are not grounded in examples that demonstrate growth or change that result from the experience.
<b>Descriptive Thought</b>	The reflection provides a description of the overall experience and your reaction to it. There is little or no attempt made to uncover assumptions that you may have had about the experience before it started. There is little to no integration that demonstrates how what was learned in your coursework (theories, frameworks, models, etc.) were applied and used to inform your role in your experience. Lastly, the reflection does little to highlight how your learning allowed you to grow as a student.

Overall Feedback: